



Ask. Think. Know.

FALL 2009

# Student Development Workshops

## September

### 16 Going Green

Come learn about what you can do to save the environment. Learn tips on what you and your family can do at home to contribute to a "green" environment.

### 30 Breast Cancer Awareness: Get the Facts

Studies indicate that one in five individuals will be diagnosed with breast cancer every year. This informational session will focus on symptoms, signs, and information on breast exams.

## October

### 14 Safety Tips on Campus and at Home

Ever wonder how you can keep yourself and your family safe at home or on campus? Come and learn practical tips on how to stay safe, protect yourself and your property.

### 28 Solutions to Conflict

This workshop will help students begin to understand conflict and the processes needed to resolve it. The focus will be on negotiation, mediation and diplomacy.

## November

### 04 He Said She Said

Ever stop to think what the differences in communication between men and women, the young and old, work and home, etc. are? Come find out as we explore communication styles and how you can improve yours.

#### EVENTS

- 10.01.09 Candle Light Vigil
- 10.07.09 Community Resource Fair
- 10.21.09 Drug and Alcohol Intervention

For more information regarding the events noted above, please visit the TSTC calendar at [www.harlingen.tstc.edu/calendar](http://www.harlingen.tstc.edu/calendar) as the event date nears or call 956.364.4520. Pre-registration not required for event participation.

#### Registration Information:

Unless otherwise noted, students must pre-register for workshops either online or in person and participation will be on a first come, first served basis.

To register online, students should go to <https://secure.harlingen.tstc.edu/workshop>, click on "Register" in the left margin and log in using their Netmail Login and Password. To register in person, come to Student Center Room 139 to complete the registration process.

For information or assistance, call 956.364.4301.

#### Workshop Information:

All workshops will be conducted from 12:00-1:00PM. The location will be provided at the time of registration. Unless otherwise noted, a lunch voucher will be given to each student at the conclusion of each workshop. The voucher is only valid on the day of the workshop.

Workshops will be recorded on the students' non-credit transcript in college's Datatel system. An official transcript containing all workshops attended will be available upon request.



Individuals with disabilities requiring accommodations should contact Support Services at least one week prior to the event. For assistance, contact Support Services located in Auxiliary Building "A" at 956.364.4520.